

# LA HOUGUE BIE

## BRUNCH & LUNCH MENU



*Please see black board  
for Specials*

### FULL BREAKFAST from 10.00- 12.00PM

#### La Hougue Bie Breakfast £8.95

2 Cumberland Sausages, 2 Rashers Bacon, Black Pudding, 1 Fried Egg, Baked Beans, Roasted Tomato & Mushrooms, served with a mug of Tea or Americano Coffee, Toasted Rustic Sourdough & Marmalade or Jam.

#### Vegan Breakfast (VG) £7.95

2 Vegan Sausages, Sauté Potatoes, Baked Beans, Roasted Tomato, Avocado, Mushrooms, served with a mug of Tea or Americano Coffee, Toasted Rustic Sourdough & Marmalade or Jam.

Add-on a Fried Egg £1.00

### BRUNCH from 10.00AM - 2.30PM.

#### BLT Sandwich £6.25

Bacon, Lettuce, Tomato & Mayonnaise served in a choice of Portuguese Roll, Soft Seeded Brown Roll or thick cut Rustic Sourdough

#### Crushed Avocado on Sourdough

#### Toast(VG) £5.95

With Chilli Flakes & Pumpkin Seeds, served with salad garnish

Add a Poached Egg £1.00

Add 2 Rashers Bacon £1.50

#### Breakfast Roll - with 1 filling £3.95

Choice of fillings include: Bacon, Cumberland Sausage,

Vegan Sausage (V), or Fried Egg (V)

Available on Rustic Sourdough, Portuguese Roll or Seeded Brown Roll

Add Bacon, Sausage or Vegan Sausage £1.50

Add Fried Egg £1.00

### DESSERTS from 10.00AM - 3.30PM

Hot Salted Caramel Chocolate Brownie & Jersey Vanilla Ice Cream (GF) £3.50

Strawberry Bakewell Tart £3.50

Cake of the Day - *see counter for selection*

Toasted Tea Cake, Jam & Butter £2.95

2 Scoops Jersey Dairy Ice Cream £2.95

### LUNCH from 12.00PM - 2.30PM

#### Jersey Rarebit £6.45

Grilled Rustic Sourdough Bread topped with a special mix of Local Beer, Jersey Milk and Jersey Mature Cheddar Cheese, served with Salad Garnish.

Choose an add-on for your Jersey Rarebit:

Home cooked Ham £1.50

Sautéed Leeks £1.50

#### Chef's Homemade Quiche £9.95

Served with New Potatoes & Salad Garnish.

Please see black board for today's choice

#### Chef's Homemade Soup of the Day £5.50

Served with a choice of Portuguese Roll, Soft Seeded Brown Roll or Thick Cut Sourdough with Jersey Butter

Please see black board for today's choice

#### Baked Jacket Potatoes

Served with a choice of filling & Salad Garnish.

#### Mature Jersey Cheddar Cheese (V) £6.95

#### Tuna Mayonnaise £7.95

Add Cheese £1.00

#### Home Cooked Ham & Mature Jersey Cheddar Cheese £7.95

#### Baked Beans & Mature Jersey Cheddar Cheese (V) £7.45

#### Vegan Bangers & Baked Beans (VG) £7.45

#### Chilli Beef £7.95

Add Cheese £1.00

#### Mixed Bean Chilli (VG) £7.45

Add Cheese £1.00

### HOT SANDWICHES

Served in a choice of Portuguese Roll, Soft Seeded Brown Roll or Thick Cut Sourdough garnished with Salad & Potato Crisps

Coronation Chicken Fillet, Tomato, Gherkin, Lettuce, & Sultana Chilli Jam £7.45

Pulled Pork & Apple Sauce £8.95

Pulled Jack Fruit & Mango Salsa (VG) £8.95

### SANDWICHES

Served in a choice of Portuguese Roll, Soft Seeded Brown Roll or Thick Cut Sourdough garnished with Salad & Potato Crisps

Mature Jersey Cheddar Cheese & Pickle £5.95

Home Cooked Ham & Piccalilli £5.95

Tuna Mayonnaise £5.95

\*Gluten Free Bread available on request

Please see  
black board  
Specials  
of the day



# BEVERAGES



## HOT DRINKS

<b>Breakfast Tea in a Pot</b>	<b>£2.10</b>
<b>Earl Grey Tea in a Pot</b>	<b>£2.10</b>
<b>Herbal Teas</b> (by the pot per person) (Chamomile, Decaffeinated tea, Organic Redbush, Peppermint, Lemongrass & ginger or Green tea, Red Berry & Flower)	<b>£2.10</b>
<b>Americano</b>	<b>£2.25</b>
<b>Flat White</b>	<b>£2.35</b>
<b>Cappuccino</b>	<b>£2.40</b>
<b>Latte</b>	<b>£2.40</b>
<b>Mocha</b>	<b>£2.70</b>
<b>Chai Latte</b>	<b>£2.60</b>
<b>Almond /Soya Milk / Syrups</b>	<b>£0.50</b>
<b>Espresso</b>	<b>£1.80</b>
<b>Extra Coffee Shot</b>	<b>£1.00</b>
<b>Hot Chocolate</b>	<b>£2.55</b>

## COLD DRINKS

<b>7Up 330ml</b>	<b>£1.60</b>
<b>Coke/ Diet Coke 330ml</b>	<b>£1.60</b>
<b>Cawston Apple 330ml</b>	<b>£1.90</b>
<b>San Pelegrino 330ml</b> <b>(Blood Orange, Lemon, or Orange)</b>	<b>£1.90</b>
<b>J20 bottles 275ml</b> <b>(Orange &amp; Passion Fruit or Apple &amp; Mango)</b>	<b>£1.90</b>
<b>Cartons</b> <b>(Apple juice, Orange juice, Chocolate Milk &amp; Milk)</b>	<b>£1.50</b>
<b>Still or Sparkling Water</b> <b>330ml Can</b>	<b>£1.65</b>

## BEERS & WINES

**Selection of local bottled beers and imported bottled beers £4.25 each**

Stinky bay beer (330ml), Becks Bier (275ml), Nastro Azzuro Peroni (330ml)

**Quarter Bottle of Wine 187ml, £4.25 each**

Shiraz , Tempranillo Rioja , Sauvignon Blanc , Pinot Grigio Rose , Prosecco

### Allergies

Nuts, gluten, dairy, shellfish and other allergens are present in our kitchen and we cannot guarantee that they are not present in the food we cook. Many of the dishes are prepared to order and some ingredients can be omitted please see separate **allergen fact sheet** for ingredient list. Gluten free bread available. Please advise a member of staff when ordering if you have any dietary requirements.

**(V)** Vegetarian, **(VG)** Vegan, **(GF)** Gluten free.



The Tea Rooms is managed by Beresford Street Kitchen, a social enterprise in St Helier, providing training and employment for people with learning disabilities and autism. [www.beresfordstreetkitchen.je](http://www.beresfordstreetkitchen.je)

### Private Functions and Outside Catering

We cater for many types of events such as christenings, baby showers, weddings, corporate functions, garden parties and children's parties. Please email [orders@aspirejersey.je](mailto:orders@aspirejersey.je) for more info.



La Hougue Bie is a Jersey Heritage site. If you would like to visit the site today please check in at the visitor office.

**Parking for Jersey Heritage Visitors & Members Only**



No Dogs allowed  
except Guide Dogs