

Share the story this Christmas

TIME TO TALK

When families and friends come together for the holidays, it's a fantastic opportunity to share stories and reminisce, recounting unspoken and treasured memories. Having these conversations, particularly with older members of our families, can unlock amazing stories whilst acknowledging the importance of their lives and stories.

Here are some conversation starters for you in our 'Time To Talk' download. Not all of these questions will be relevant for your friends and family, and you'll likely think of others. But if you're not sure where to start or how to keep the conversation going round the festive dinner table, we hope you find these helpful. Enjoy sharing the story this Christmas.

How did your parents meet?	Did you share a bedroom when you were growing up?	Describe a favourite holiday.	Tell us a story about one of your grandparents.
Did you have a Saturday job?	Did you have a pet when you were young?	Who was your best friend?	Did you have an inspirational teacher?
What was your favourite piece of music?	Who was your teenage idol?	Tell us about an outfit you wore to a special event.	How did you meet your partner?
What did you enjoy doing with your children when they were young?	Tell us about the jobs you have had.	What was the happiest time of your life?	What was the best decision you ever made?
Would you change anything about your past?	What are you most proud of?	What's the best piece of advice you were given?	Is there something you would still like to achieve?



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